

# 12<sup>th</sup> Sunday after Pentecost

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Proper 15, Year B

## The Collect of the Day

Almighty God, you have given your only Son to be for us a sacrifice for sin, and also an example of godly life: Give us grace to receive thankfully the fruits of his redeeming work, and to follow daily in the blessed steps of his most holy life; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. *Amen*

## A Reading from the Book of Proverbs 9:1-6

Wisdom has built her house, she has set up her seven pillars. <sup>2</sup> She has slaughtered her beasts, she has mixed her wine, she has also set her table. <sup>3</sup> She has sent out her maids to call from the highest places in the town, <sup>4</sup> "Whoever is simple, let him turn in here!" To him who is without sense she says, <sup>5</sup> "Come, eat of my bread and drink of the wine I have mixed. <sup>6</sup> Leave simpleness, and live, and walk in the way of insight."

## Psalm 147:1-12

### *Laudate Dominum*

1 Hallelujah!

How good it is to sing praises to our God! \*  
how pleasant it is to honor him with praise!

2 The Lord rebuilds Jerusalem; \*  
he gathers the exiles of Israel.

3 He heals the brokenhearted \*  
and binds up their wounds.

4 He counts the number of the stars \*  
and calls them all by their names.

5 Great is our Lord and mighty in power; \*  
there is no limit to his wisdom.

- 6 The Lord lifts up the lowly, \*  
but casts the wicked to the ground.
- 7 Sing to the Lord with thanksgiving; \*  
make music to our God upon the harp.
- 8 He covers the heavens with clouds \*  
and prepares rain for the earth;
- 9 He makes grass to grow upon the mountains \*  
and green plants to serve mankind.
- 10 He provides food for flocks and herds \*  
and for the young ravens when they cry.
- 11 He is not impressed by the might of a horse; \*  
he has no pleasure in the strength of a man;
- 12 But the Lord has pleasure in those who fear him, \*  
in those who await his gracious favor.

### **A Reading from Ephesians 5:15-20**

Look carefully then how you walk, not as unwise men but as wise,  
<sup>16</sup> making the most of the time, because the days are evil. <sup>17</sup>

Therefore do not be foolish, but understand what the will of the Lord is. <sup>18</sup> And do not get drunk with wine, for that is debauchery; but be filled with the Spirit, <sup>19</sup> addressing one another in psalms and hymns and spiritual songs, singing and making melody to the Lord with all your heart, <sup>20</sup> always and for everything giving thanks in the name of our Lord Jesus Christ to God the Father.

### **The Holy Gospel of our Lord Jesus Christ according to St. John 6:53-59**

So Jesus said to them, "Truly, truly, I say to you, unless you eat the flesh of the Son of man and drink his blood, you have no life in you; <sup>54</sup> he who eats my flesh and drinks my blood has eternal life, and I will raise him up at the last day. <sup>55</sup> For my flesh is food indeed, and my blood is drink indeed. <sup>56</sup> He who eats my flesh and drinks my blood abides in me, and I in him. <sup>57</sup> As the living Father

sent me, and I live because of the Father, so he who eats me will live because of me.<sup>58</sup> This is the bread which came down from heaven, not such as the fathers ate and died; he who eats this bread will live forever."<sup>59</sup> This he said in the synagogue, as he taught at Capernaum.