

16th Sunday after Pentecost

Proper 18

Year B

The Collect of the Day

Grant us, O Lord, to trust in you with all our hearts; for, as you always resist the proud who confide in their own strength, so you never forsake those who make their boast of your mercy; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen*

From the Book of Isaiah 35:4-7a

Say to those who are of a fearful heart, "Be strong, fear not! Behold, your God will come with vengeance, with the recompense of God. He will come and save you." ⁵ Then the eyes of the blind shall be opened, and the ears of the deaf unstopped; ⁶ then shall the lame man leap like a hart, and the tongue of the dumb sing for joy. For waters shall break forth in the wilderness, and streams in the desert; ⁷ the burning sand shall become a pool, and the thirsty ground springs of water; ...

Psalm 146:4-9

Lauda, anima mea

- 4 Happy are they who have the God of Jacob for their help! * whose hope is in the Lord their God;
- 5 Who made heaven and earth, the seas, and all that is in them; * who keeps his promise for ever;
- 6 Who gives justice to those who are oppressed, * and food to those who hunger.
- 7 The Lord sets the prisoners free; the Lord opens the eyes of the blind; * the Lord lifts up those who are bowed down;
- 8 The Lord loves the righteous; the Lord cares for the stranger; * he sustains the orphan and widow, but frustrates the way of the wicked.
- 9 The Lord shall reign for ever, * your God, O Zion, throughout all generations. Hallelujah!

A Reading from James 1:17-27

Every good endowment and every perfect gift is from above, coming down from the Father of lights with whom there is no variation or shadow due to change. ¹⁸ Of his own will he brought us forth by the word of truth that we should be a kind of first fruits of his creatures. ¹⁹ Know this, my beloved brethren. Let every man be quick to hear, slow to speak, slow to anger, ²⁰ for the anger of man does not work the righteousness of God. ²¹

Therefore put away all filthiness and rank growth of wickedness and receive with meekness the implanted word, which is able to save your souls. ²² But be doers of the word, and not hearers only, deceiving yourselves. ²³ For if any one is a hearer of the word and not a doer, he is like a man who observes his natural face in a mirror; ²⁴ for he observes himself and goes away and at once forgets what he was like. ²⁵ But he who looks into the perfect law, the law of liberty, and perseveres, being no hearer that forgets but a doer that acts, he shall be blessed in his doing. ²⁶ If any one thinks he is religious, and does not bridle his tongue but deceives his heart, this man's religion is vain. ²⁷ Religion that is pure and undefiled before God and the Father is this: to visit orphans and widows in their affliction, and to keep oneself unstained from the world.

The Holy Gospel of our Lord Jesus Christ according to St. Mark 7:31-37

Then he returned from the region of Tyre, and went through Sidon to the Sea of Galilee, through the region of the Decapolis. ³² And they brought to him a man who was deaf and had an impediment in his speech; and they besought him to lay his hand upon him. ³³ And taking him aside from the multitude privately, he put his fingers into his ears, and he spat and touched his tongue; ³⁴ and looking up to heaven, he sighed, and said to him, "Ephphatha," that is, "Be opened." ³⁵ And his ears were opened, his tongue was released, and he spoke plainly. ³⁶ And he charged them to tell no one; but the more he charged them, the more zealously they proclaimed it. ³⁷ And they were astonished beyond measure, saying, "He has done all things well; he even makes the deaf hear and the dumb speak."